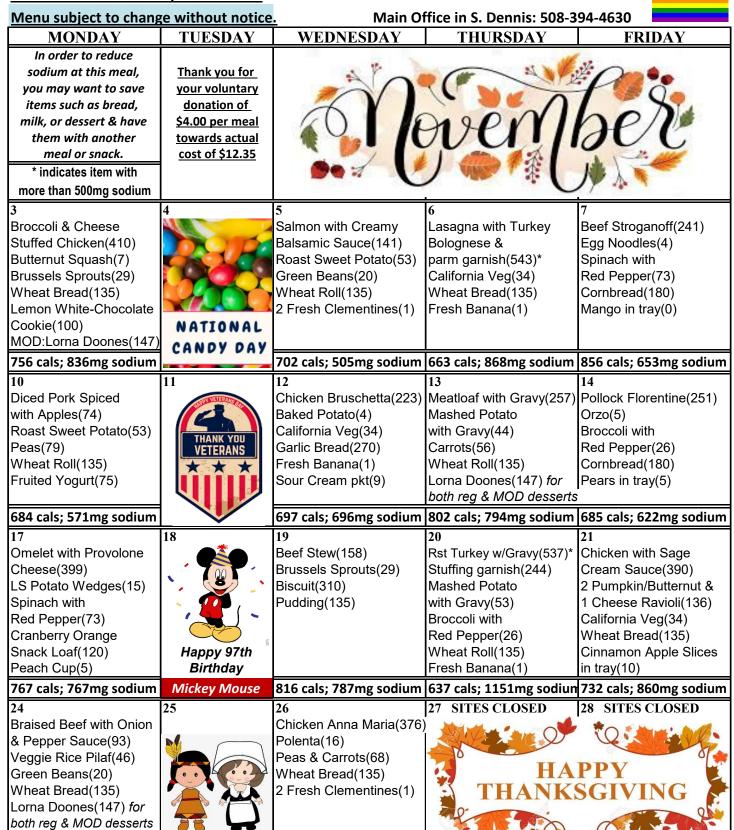
## **ELDER NUTRITION PROGRAM**

Barnstable County NOVEMBER 2025
Reservations & Cancellations must be

made three business days in advance.

832 cals; 596mg sodium





NUTRITION INFO: Total calories (cals) & sodium are for the ENTIRE meal, including margarine & milk. Each item is followed by mg of sodium in parentheses. Margarine adds 30mg; Milk adds 125mg sodium.

694 cals; 751mg sodium