

# Volunteer Central

RSVP / Senior Corps  
Elder Services of Cape Cod & the Islands

“Your Local Volunteer Resource”  
SPECIAL EDITION 2015



Program of  
Elder Services of  
Cape Cod & the Islands  
ph.: 508-394-4630  
fax: 508-394-0608  
toll free: 1-800-244-4630  
www.escci.org

- Senior Corps Staff:  
Susan Schneider, RSVP  
Program Director  
Ext 520
- Ann Gallagher,  
Three R's Coordinator  
Ext 521
- Linda Merrill-Contonio,  
Volunteer Coordinator  
Ext 522
- Anita Lord,  
Senior Environment  
Corps, Fieldwork  
Coordinator  
Ext. 523
- Stefanie Paventy  
Senior Environment  
Corps, Fieldwork  
Coordinator @  
Joint Base Cape Cod  
508-968-5125

## Want to be part of something big?



**You already are.**

**Senior Corps of Cape Cod & the Islands has been matching  
volunteers with community agencies for over 22 years.**

### **10,450 Senior Corps Volunteers spent:**

- **30,758 hours tutoring 6,600 students**
- **68,532 hours protecting the environment**
- **88,652 hours driving seniors to appointments**
- **14,114 hours preparing for disaster**
- **21,611 hours providing financial coaching**
- **16,387 hours building affordable housing**
- **27,272 hours delivering meals to seniors**
- **52,241 hours helping seniors live independently**
- **4,168 hours serving veterans**
- **40,182 hours meeting critical needs of our communities**

## Volunteer Opportunities

The Massachusetts “Money Management Program” is a free service which promotes independent living by assisting income eligible seniors, aged sixty & older, who may be at risk of losing their independence due to their failure to pay rent, utility or other basic bills on time. Volunteers trained & certified, meet with consumers in their homes to help them balance their checkbooks, pay bills, and manage their money wisely. Volunteers also help to educate the consumer as to how they can avoid becoming a victim of fraud, scams, or financial exploitation. Commitment of 2-4 hours a month is required. If you are interested in becoming a Money Management Volunteer, contact Linda Merrill-Contonio for more information. 508-394-4630



**Elder Services of Cape Cod & the Islands**— is seeking new members for its **Area Agency on Aging Advisory Council**. The Council’s primary responsibilities are to monitor the activities of Older American Act programs (OAA), to assist in periodic needs assessments and the development of an Area Plan, and to oversee the distribution of OAA funding to community organizations. We are seeking individuals, from throughout the Cape & Islands, who have knowledge of elder issues and interest/experience in reviewing grant proposals. For more information contact Cheryl Gayle, Director of Community Services, 508-394-4630, x103 or email: [cheryl.gayle@escci.org](mailto:cheryl.gayle@escci.org)

## Community Preparedness Award from FEMA

As many of you know, the Cape Cod Citizens Corps Council is a group of volunteer organizations assisting in disaster and includes the RSVP/Senior Corps Volunteer program. In the past one and a half years, the concept and drilling of the Volunteer Reception Center was developed and executed. Many of you volunteered to be involved in the training and drilling of the Volunteer Reception Center process. On July 23, I was notified by Amy Alati, the chair of the Cape Cod Citizens Corps Council, that the Federal Emergency Management Administration (FEMA) Region 1 awarded the council an honorable mention in the category of “Individual and Community Preparedness Awards” for the work on the Volunteer Reception Center.

I want to pass this acknowledgement on to all of the RSVP Volunteers and Staff who worked as a team to make this happen. You all deserve congratulations and a big thank you!

This is a good chance for me to tell you that our third drill of the Volunteer Reception Center process will be in Harwich on Wednesday, September 30, 2015. This will complete a drill in the mid, upper & lower sections of the Cape. There will be more information about this coming soon, but please save the date. You are welcome to participate again and it is especially important to have volunteers who live in or near the Harwich area participate too.

Again, thank you all for being a big part of this award winning team.

Susan Schneider, RSVP Program Director



**FEMA**



## Senior Corps Volunteers to Clean Monomoy Island

Mark your calendars! On  
**Tuesday, September 8**

Volunteers will be returning to Monomoy Island as part of the 5th Annual 9/11 Day of Service in Memory of **MK1 Jeffrey Palazzo**, active duty Coast Guardsman who became a New York City Firefighter. Jeff lost his life serving as a hero on 9/11/2001 at the World Trade Center .

In cooperation with the Monomoy National Wildlife Refuge, The Chatham Harbormaster, and the Town of Chatham, we will continue our trash & recycling efforts on this beautiful coastal treasure. Volunteers will meet at 7:30 am in Chatham, carpool to Stage harbor, and depart for Monomoy at 8:30 am. We will be out there for about 3 1/2 hours, wear weather appropriate clothing, sunscreen, and be prepared to get your feet wet getting off & on the boat. Bring a lunch—we will provide snacks, water & gloves. Participants should be able to walk at a comfortable pace in sand for 3 hours, help carry bags of trash and board the skiff in water.

It's always a fun day—join in! Seating is limited. Call Anita Lord, Linda Merrill-Contonio or Susan Schneider for more information and to reserve your seat on the boat. 508-394-4630

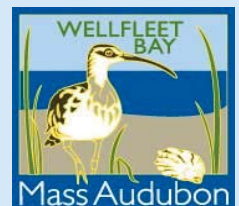


## Wellfleet's Annual Coastsweep Event

Wellfleet Bay Wildlife Sanctuary is looking for volunteers to participate in its annual trash removal event on **Saturday, September 26**, sponsored by the Massachusetts Department of Energy & Environmental Affairs and Coastal Zone Management.

Clean-ups will take place across the state that day. Our efforts will encompass the **Wellfleet shoreline from the Sanctuary to the Herring River dike.**

Contact Anita Lord for meeting location and times. 508-394-4630





# Wellfleet SPAT

Shellfish Promotion and Tasting, Inc.

*Producers of the Wellfleet OysterFest™*



**BE PART OF CAPE COD'S MOST POPULAR FESTIVAL**

**VOLUNTEER NOW**

**for The 15<sup>th</sup> Annual Wellfleet OysterFest**

**October 17 and 18, 2015**

**Help the SPAT mission to provide community educational grants and support the shellfishing and aquaculture industries.**

**Openings for volunteers before, during and after the 'Fest for admissions, merchandizing, education, family fun, cooking demonstrations, recycling and more.**

Call Anita Lord or Linda Merrill-Contonio to register. 508-394-4630

The Fifteenth annual **Wellfleet OysterFest** takes place the weekend after Columbus Day, Saturday and Sunday, October 17 & 18, 2015, in Wellfleet, Cape Cod, Mass. This two-day family festival celebrates the town's famous oysters, clams and shellfishing traditions and brings together locals and visitors alike for a *weekend full of hometown flavor and big time fun!* There is something for everyone: local cuisine, arts and crafts, educational programs, cooking demonstrations, children's activities, walking tours, theatre, live music, a road race, and the annual Oyster Shuck-Off competition.

**The 'Fest** is made possible through collaboration with the Town of Wellfleet, the support of many generous area businesses and shellfishermen, a wonderful group of volunteers and, most importantly, the weekend's dedicated attendees. Admission is \$5 per person per day, two-day passes are available for \$8 per person and children 12 and under are free. There is no entry charge for volunteers and they are supplied lunch and a beer ticket. Join in the fun! Go to: [www.wellfleetoysterfest.org](http://www.wellfleetoysterfest.org)

## Welcome to our newest service partner, The Cape Cod Bird Club



The Cape Cod Bird Club's mission is to promote knowledge & conservation of the bird life & natural resources of Cape Cod, to encourage & sponsor scientific & educational projects about birds & to present programs & field trips of interest to members & guests of the club. Monthly meetings are held in Brewster & feature speakers, sighting discussions and refreshments. The Club also sponsors walks and field trips throughout the year. Visit website or contact Stefanie Paventy (508-968-5125) for more info: [www.capecodbirdclub.org](http://www.capecodbirdclub.org)

### The Cape Cod Bird Festival needs Volunteers

Volunteers are needed for the 3rd Annual Cape Cod Bird Festival to be held Friday, Sept. 18—Sunday, Sept. 20 in Hyannis and other locations.

Volunteer opportunities are with Registration and Vendor Marketplace at the Double Tree Hilton in Hyannis, Bus facilitating, Family Day at the Cape Cod Natural History Museum, and being a general docent to the festival participants. Please contact Stefanie Paventy for locations, times, and general volunteer information. 508-968-5125 If you like birding, this one's for you!



### It's Back to School Time!

And that means Ann Gallagher will be gathering her Book Club & tutoring volunteers for area schools. The 3R's program engages volunteers who care about students and want to support & encourage them in reading, math & science skills. Volunteers are needed for the Monomoy, Barnstable, Bourne, Sandwich, and Nauset schools. Volunteers assist teachers as well as lead intergenerational book & math clubs. The time commitment is 2 hours a week. Training class scheduled for September. Mileage reimbursement is available. If you would like more information about volunteering in your community and joining this group of dedicated volunteers, please contact Ann Gallagher at 508-394-4630.



RSP offers maximum flexibility and choice to its volunteers as it matches the personal interests and skills of older Americans with opportunities to serve their communities.



68 ROUTE 134  
SOUTH DENNIS, MA  
02660

**SENIOR SERVICE CORPS  
ELDER SERVICES OF CAPE COD  
AND THE ISLANDS**

Non-Profit Organization  
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02664

## Your Volunteering Counts!

### Log Your Volunteer Hours With Us!

**Reminder:** You can now send in your timesheet without leaving your desk! Click on the following link, you can fill out the time sheet, hit the save button, and hit the send button (looks like envelope on tool bar) hit send copy, default/continue , put linda.merrill@escci.org in the To: box & send. It's Quick & easy!

[Click Here for Volunteer Timesheet](#)

