

## Cape Cod Hunger Network (1/25/13)

### Food Pantries & Feeding Programs of Cape Cod

A guide for help in locating food for you and your family

### Serving All Towns

<p><b>The Family Pantry of Cape Cod</b>          133 Queen Anne Rd., Harwich 508-432-6519          Off Exit 10, Mid-Cape Highway (Rt. 6)          Tues. 10-3:30, Thurs. 10-12, 1:30-3:30 &amp; 5-7PM          &amp; Sat. 10-12 (every 21 days)</p>	<p><b>Independence House</b>          Cape Cod's Resource Center for Victims &amp; Survivors Of Domestic Violence &amp; Sexual Assault          160 Basset Lane, Hyannis 508-771-6507          Call for information, <b>clients only</b></p>
<p><b>Salvation Army/Hyannis Pantry &amp; Soup Kitchen</b>          100 North St. Hyannis 508-775-0364          Pantry Mon. – Thurs. 10-12noon – by appointment          Breakfast 8:30-9:15 (Soup Kitchen Mon. – Friday)          Lunch 11:30 -12:15 (Soup Kitchen Mon. – Friday)</p>	<p><b>Calvary Baptist Church Pantry Kitchen/Pantry</b>          25 Lincoln Rd., Hyannis  <b>Temporary Meal program</b> is being served Mon. Wed. &amp; Fri from 5:30 to 6:30 at Faith Assembly of God Church, Bearses Way, Hyannis.</p>
<p><b>Local/Lunch and Dinner</b>          St. Joan of Arc Church          63 Canal Rd., Orleans 508-255-1094          Serving lunch Tues. 12noon, serving dinner          Thurs. 6pm. Call for information and directions</p>	<p><b>Nam Vets Association of Cape &amp; Islands Pantry</b>          565 Main St., Hyannis 508-778-1590 or 508-280-6026          All veterans &amp; their families          (Must furnish a DD214 &amp; additional data)          Open Tues. &amp; Thurs. 9:30AM-1PM          Food given bi-monthly and on emergency basis</p>
<p><b>Elder Services of Cape Cod</b>          68 Route134, South Dennis 508-394-4630,          1-800-244-4630 Meals on Wheels,          Senior Dining Centers, Senior Nutrition Program,</p>	

### Pantries and feeding programs by specific towns.

#### Barnstable

<p><b>First Baptist Church</b>          Main St., Hyannis 508 775-1846          Open: Tuesday 9-12noon</p>	<p><b>St. Vincent De Paul Food Pantry</b>  <b>St. Francis Xavier Church</b>          21 Cross St., Hyannis 508-775-3073          Open: Tues. &amp; Fri., 10-12noon</p>
<p><b>Hand of Hope Outreach Food Pantry</b>          49 Rt. 28 W. Harwich, 508-432-1312;          Tues./Weds./Thurs. 1-3, Mon./Fri. 10-3pm</p>	<p><b>AIDS Support Group of Cape Cod</b>          428 South Street, Hyannis          Monthly food pantry and emergency food          Clients only Ask for Mimi Razon 508-539-2364</p>

#### Bourne

<p><b>Bourne Friends Food Pantry</b>          20 Commerce Park, Pocasset, 508-759-3351          Every Thurs. 9-12noon; 4<sup>th</sup> Thurs. 5 to 7PM          3<sup>rd</sup> Sat 9-12noon</p>	
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## Brewster

<b>Lower Cape Outreach Council</b> 1-508-240-0694 Food provided to clients who call and request Food available once a month	<b>St. Vincent de Paul/Our Lady of the Cape</b> 508-385-7582 468 Stoney Brook Road Brewster, MA 02631 Food distributed by request and delivered.
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## Chatham

<b>Lower Cape Outreach Council</b> 1-508-240-0694 Food provided to clients who call and request Food available every 15 days	<b>St. Christopher's Episcopal Church Pantry</b> 1-508-240-0694 call for information
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## Dennis

<b>Hands of Hope Outreach Food Pantry</b> 49 Rt. 28 W. Harwich, 508-432-1312; Tues./Weds./Thurs. 1-3, Mon./Fri. 10-3pm	<b>St. Vincent de Paul/Our Lady of the Cape Church/</b> 508-385-7582 Call for information about receiving food
<b>Yarmouth Food Pantry – Lighthouse Landing</b> 845 Main Street (Rte 28) – Unit 16, S. Yarmouth P.O. Box 982, West Yarmouth 508-771-1135 Every Thursday 5:30-6:30PM 2 <sup>nd</sup> Friday 3:00-5PM, 3 <sup>rd</sup> Sat & 4 <sup>th</sup> Fri. 10 to noon	

## Eastham

<b>Lower Cape Outreach Council</b> 1-508-240-0694 Food provided to clients who call and request Food available every 15 days	<b>St. Vincent de Paul/St. Joan of Arc/</b> 61 Canal Rd., Orleans Help line: 508-255-8080 Food provided to clients who call to request food
<b>Mustard Seed Kitchen</b> Main St., Wellfleet 1-508-349-2049 - Tues. & Thurs meal delivery for people who need short term help	

## Falmouth

<b>The Falmouth Service Center</b> 611 Gifford St., Falmouth 508-548-2794 Open: Mon. 10am-6pm, Tues. & Thurs., 10-2pm Wed. 5-7, Fri 10-12noon Falmouth, Mashpee & Otis AFB residents eligible for food every 3 weeks	<b>Around the Table: meal program providing lunch</b> St. Barnabus Church Paris House 508-548-4863 Mon., Wed., Fri., lunch only
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## Harwich

<p><b>Lower Cape Outreach Council</b> 1-508-240-0694 Food provided to clients who call and request Food available every 15 days</p>	<p><b>Hands of Hope Food Pantry</b> 49 Rt. 28 W. Harwich, 508-432-1312; Tues./Weds./Thurs. 1-3, Mon./Fri. 10-3pm</p>
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## Mashpee

<p><b>First Baptist Church (Yarmouth &amp; Barnstable)</b> Main St., Hyannis 508-775-1846 Open Tuesday 9-12 noon</p>	<p><b>Hands of Hope Food Pantry</b> 49 Rt. 28 W. Harwich, 508-432-1312; Tues./Weds./Thurs. 1-3, Mon./Fri. 10-3pm</p>
<p><b>Mashpee Good Neighbor Food Pantry</b> 1<sup>st</sup> Pentecostal Church, 258 Main Street, Rt. 130, Mashpee 774-521-4364 Open Tue. 10-12noon, 1<sup>st</sup> &amp; 3<sup>rd</sup> Wed. 6:30-7:30pm</p>	<p><b>Mashpee Tribal Council Pantry (members only)</b> 483 Great Neck Road South, Mashpee Open every other Mon. &amp; Wed. 10-2pm</p>
<p><b>St. Vincent de Paul/Christ the King Food Pantry</b> Route 151 &amp; Jobs Fishing Rd., Mashpee 508-477-7710 Open Wed. 10-12 noon &amp; 2<sup>nd</sup> &amp; Last Weds of month 5-7pm Food available once per month or as needed</p>	<p><b>The Falmouth Service Center</b> 611 Gifford St., Falmouth 508-548-2794 Open: Mon. 10am-6pm, Tues &amp; Thurs., 10-2pm, Wed. 5-7pm, Fri. 10-12noon Mashpee, Falmouth &amp; Otis AFB Residents (eligible for food every 3 weeks)</p>

## Nantucket

<p><b>Nantucket Food Pantry</b> 10 Washington Street, Nantucket – entrance in rear on Candle St. 508-228-7438 or 508 221-8702 Open Tues. &amp; Thurs. 4PM – 6PM</p>	
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## Orleans

<p><b>Lower Cape Outreach Council</b> 1-508-240-0694 Food provided to clients who call and request Food available once a month</p>	<p><b>St. Vincent de Paul/St. Joan of Arc/</b> 61 Canal Rd., Orleans Help line: 508-255-8080 Pantry open 3<sup>rd</sup> Sat. of the month 9am-11am</p>
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## Provincetown

<p><b>Soup Kitchen in Provincetown (SKIP)</b> 24 Shank Painter Rd. 508-487-8331 Hot nourishing meals to needy residents at the Provincetown United Methodist Church Meals served Nov.-April, Mon.-Fri., 12:30-1:30pm</p>	<p><b>Lower Cape Outreach Council Food Pantry</b> 1-508-240-0694 or 1-866-879-5262 Food pick-up for clients who have called in a request for food</p>
<p><b>AIDS Support Group of Cape Cod</b> 96-98 Bradford St. 508-487-9445, ask for Bill Furdon Lunch program and emergency Food Pantry Monday through Friday, call for information</p>	

## Sandwich

<b>Sandwich Food Pantry</b> 331 Cotuit Rd., Sandwich 508-888-3816 Open every Wed. 10-12 noon, and Last Wed. of every month 6-7:30pm	
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<b>Lower Cape Outreach Council Food Pantry</b> 1-508-240-0694 or 1-866-879-5262 Food pick-up for clients who have called in a request for food. Food available every 15 days	<b>Mustard Seed Kitchen</b> Main St., Wellfleet 1-508-349-2049 Tues. & Thurs. meal delivery for people who need short term help
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## Wellfleet

<b>Lower Cape Outreach Council Food Pantry</b> 1-508-240-0694 Food pick-up for clients who have called in a request for food. Food available every 15 days	<b>Mustard Seed Kitchen</b> Main St., Wellfleet 1-508-349-2049 Tues. & Thurs. meal delivery for people who need short term help
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## Yarmouth

<b>Hands of Hope Outreach Food Pantry</b> 49 Rt. 28 W. Harwich, 508-432-1312; Tues./Weds./Thurs. 1-3, Mon./Fri. 10-3pm	<b>First Baptist Church</b> Main St., Hyannis 508-775-1846 Open Tues. 9AM - 12noon
<b>Yarmouth Senior Center – Brown Bag Program</b> 528 Forest Road, W. Yarmouth 1 <sup>st</sup> Friday 2-4	<b>Yarmouth Food Pantry – Lighthouse Landing</b> 845 Main Street (Rte 28) – Unit 16, S. Yarmouth P.O. Box 982, West Yarmouth 508-771-1135 Tuesdays & Thursdays 5:30-6:30, 2 <sup>nd</sup> Friday 3-4:00PM, 3 <sup>rd</sup> Sat & 4 <sup>th</sup> Fri. 10-11AM
<b>St Pius X Food Pantry</b> 5 Barbara Street, S. Yarmouth 508-394-2244 Open by request	

## West Yarmouth

<b>Hands of Hope Outreach Food Pantry</b> 49 Rt. 28 W. Harwich, 508-432-1312; Tues./Weds./Thurs. 1-3, Mon./Fri. 10-3pm	<b>St. Vincent De Paul Food Pantry</b> <b>St. Francis Xavier Church</b> 21 Cross St., Hyannis 508-775-3073 Open: Tues. & Fri., 10-12noon
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