



TITLE III COMMUNITY GRANTS FOR FFY 2018

The Area Agency on Aging (AAA) under the auspices of Elder Services of Cape Cod and the Islands, Inc. promotes and sponsors many services which reach out to all people in the community aged sixty and older. Particular attention is given to rural elderly, elderly with the greatest economic and social need, low-income minority individuals, the severely disabled, limited English speaking elderly, LGBT elders, and Alzheimer's victims and their caregivers. In addition to the Elder Services' in-house programs that serve this population, the AAA distributes Older America Act funds to other community agencies/organizations to provide needed care and assistance.

1. Alzheimer's Family Caregiver Support Center (Title III)

Molly Perdue (508) 896-5170

Provide free supportive counseling services to caregivers of people with Alzheimer's and other dementia related illnesses, utilizing state of the art teleconferencing technology to connect on-Cape caregivers, counselors, and long-distance family members. This New York University Caregiver Program is an evidence based program.

2. Barnstable Council on Aging

Judy Redd (508) 862-4750

Provides funding for a coordinator who will oversee the transportation program. Provides riders to medical and other appointments and to the Council's supportive day program.

3. Brewster Council on Aging

Lauren Zeller (508) 896-2737

Provides funding for a volunteer based transportation program. Pays mileage for volunteers who drive seniors to medical appointments.

4. Island Health Care Community Health Center (Title III)

Kathleen Samways (508) 627-5797

Provide the following Title III evidence based programs: My Life, My Health, Powerful Tools for Caregivers, and A Matter of Balance.

5. Martha's Vineyard Center for Living

Leslie Clapp (508) 939-9440

Provides transportation services to medical appointments on Cape Cod for Vineyard senior residents.

6. Martha's Vineyard Community Services

Ms. Jenn Vogel (508) 693-7900

Provides bi-monthly support groups for caregivers of elders. Also, provides some funding for respite needs while caregiver attends the support group.

7. Martha's Vineyard Community Services

Ms. Jenn Vogel (508) 693-7900

Provide (in-home/community) short-term assessment, intervention, and referral mental health and substance abuse issues for elders 60 and over.

8. Nantucket Center for Integrative Psychotherapy

David Chew (508) 221-0351

Provides behavioral health assessments and/or short term counseling to priority elders on an outreach (in-home) basis.

9. Palliative & Supportive Care of Nantucket Foundation

Charlene Thurston (508) 825-8325

Provides individualized assessment, education, counseling, and referral services for Nantucket caregivers. Can be provided in home or other setting. Also offering De-Stressing to Cope Program.

10. Provincetown Council on Aging

Chris Hottle (508) 487-7080

Utilizing paid on call drives, provides individual transportation services to medical appointments. Targets riders who are unable due to physical or cognitive limitations to utilize other means of transportation.

11. Samaritans

Stephanie Kelly (508)-548-7999

Increase capacity of Senior Outreach Program which includes a public awareness campaign, a referral and self-referral component for outgoing phone calls to at-risk seniors and *Samaritans Elder Suicide Prevention Training for Cape and Islands Communities*.

12. South Coastal Counties Legal Services, Inc.

Intake (508) 775-7020

Funds the "Elder Law Project" which provides free civil legal services to seniors on the Cape and Islands through direct services, referral, and through community outreach and education.

13. Truro Council on Aging

Susan Travers (508) 487-2462

Provides safe and reliable transportation for their older frail adults to medical and other appointments including helping seniors attend social activities and avoid isolation.