

## About Our THANKSgiving x 365 Fund Drive



Without our Nutrition Programs, many elders would no longer be able to maintain their current independent living situations.



We offer either a Home Delivered Meals program and/or a Senior Dining Site in every town across the Cape and Islands.



Our Nutrition Program currently serves 1,167 meals on a daily basis.



We provide pre-cooked meals for many elders on weekends as well as holidays, making us truly a 365-day a year service.



Last year, Elder Services of Cape Cod and the Islands served 303,398 meals to frail elders in our community.



Meals-on-Wheels are more than just a meal; it's a safety check and a vital human link to the outside world.



How You Can Help Us:

A Gift of **\$45.00** provides five days of meals

A Gift of **\$63.00** provides five days plus a weekend

A Gift of **\$270.00** provides meals for a month

A Gift of **\$1,620.00** provides meals for six months

A Gift of **\$3,285.00** provides meals for a year

**A Donation of any amount to Elder Services of Cape Cod and the Islands is appreciated!**